



Shauna Sedler  
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## Consent to Payment for KAP Services

Thank you for choosing Bird's Eye Wellness for Ketamine-Assisted Psychotherapy (KAP). The following information outlines how financial transactions occur for KAP. It is important that you are informed and clearly understand these expectations prior to participating in treatment. Please read this information thoroughly, and ask any questions that arise for you prior to treatment.

Despite compelling evidence of its benefit, Ketamine is not FDA approved for mental health treatment and is considered an "off-label." The Ketamine services offered through Bird's Eye Wellness are therefore not covered by commercial insurance.

Payments are expected at the time of service in cash or check. If you choose to use a credit card or HSA card, a 3% charge will be added to cover servicing costs.

We make every effort to be as transparent around costs upfront so you can make an informed decision around your treatment.

### **The costs for our services are as follows:**

**Initial Consult:** \$300 for a required, 90 minute, medical/psychiatric evaluation prior to your participation. This does not guarantee your eligibility for KAP although we use our screening process to try and prevent undue costs for individuals who are ineligible.

**Preparation Session:** \$150 for a required 50 minute preparation session before participating in KAP. Additional preparation sessions can be scheduled based on your preference and comfort. If a provider feels further preparation is needed, that will be discussed with you prior to being scheduled and charged.

**Individual KAP Session:** \$750 for oral ketamine, \$900 for IM ketamine - includes a three hour medicine session and a 50 minute integration session the following day.



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**Additional Integration or preparation sessions:** \$150 for a 50 minute session with one provider.

**Group KAP sessions:** \$550 - Two providers facilitate the medicine session (4 hours) and an integration group (2 hours).

**Sage Healers KAP group:** \$800 - Two providers co-facilitate a 1-hour group prep session, two 4-hour group medicine sessions (one oral administration and one intramuscular administration) and two 2-hour group integration sessions

A \$150 **non-refundable** deposit is required to schedule a medicine session. If an appointment is scheduled and canceled within 48 hours notice, or it is “no-showed,” a fee of 25% of the cost of the appointment will be charged. This must be paid prior to the scheduling of any future appointments.

Following the medical consultation, the most common course of treatment involves one to three preparation sessions and 4-6 ketamine sessions with integration. Additional preparation or integration sessions may be encouraged by the treatment team. Additional or “booster” sessions may be scheduled in the future if desired by the client. The total cost will vary depending on route of administration, number of preparation/integration sessions and whether you are meeting with one or two therapists. The cost will reflect the agreed upon amounts listed above.

## **FINANCIAL AGREEMENT**

I claim full financial responsibility for services provided by Bird’s Eye Wellness, PLLC.



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By signing below, I confirm I have read, understand, and agree to the above consent to payment for services.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_